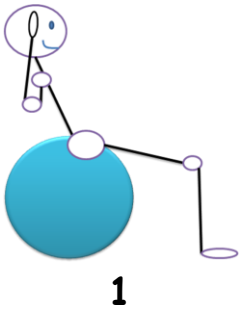


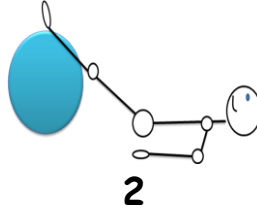
DICE CRAZE

Stability Ball

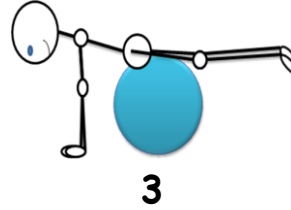
Crunch



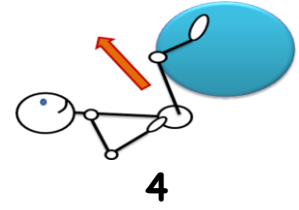
Bridge



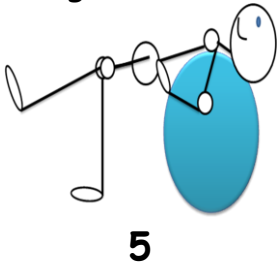
Push Up



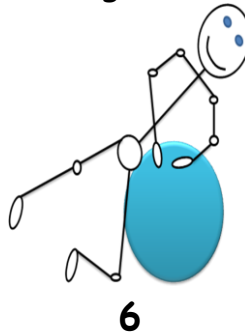
Leg Extension



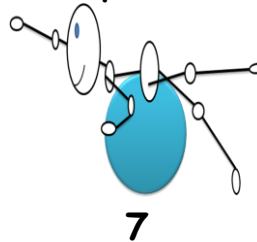
Leg Extension



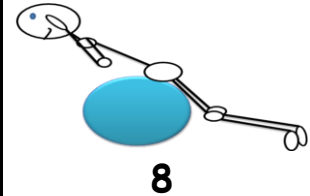
Leg Lift



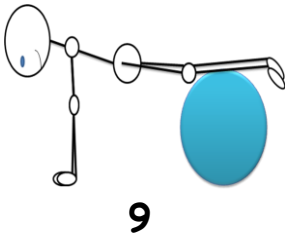
Superman



Back Extension



Plank



Seated Balance

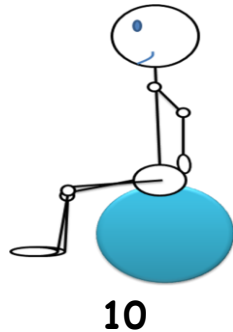
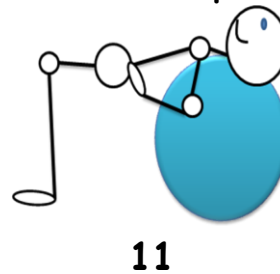


Table Top



Oblique Crunch

